

Surviving Middle School Virtual Family Night

Session Schedule: **Session 1 ~ 5:00 - 5:25**
 Session 2 ~ 5:30 - 5:55
 Session 3 ~ 6:00 - 6:25
 Session 4 ~ 6:30 - 7:00

Directions for the evening: Choose the topics you would like to attend and use the Google Meet codes listed under the descriptions to join the sessions at the appropriate start times. All sessions, with the exception of the ELL presentation, will be approximately 25 minutes in length. You can attend the classes in any order you choose, as each topic will be presented during each session time.

Session Topics, Descriptions, Google Meet Links

1. Conversations in the Kitchen: {Presented by Bonnie Karch}

Research shows eating family meals together is one of the best ways to improve a child's social-emotional and academic success. Participants will learn how to make the most of their time together by engaging in meaningful conversations around mealtimes.

Session Meet Code: <https://meet.google.com/koh-ipxn-ppj?authuser=0>

2. Online Resources for Secondary Students: {Presented by Jeremiah Barron}

Having a student in middle or high school means a lot more independent work for your child, and sometimes students and families feel lost on where to turn for guidance. This video will explore many online resources in all curricular areas that have been tested by teachers in CCSD and can help your child when completing their assignments.

Session Meet Code: <https://meet.google.com/ggo-bkqp-hyw>

3. Canvas: {Presented by Suman Tandon}

This session will include a brief introduction to Canvas for parents/guardians, what features can be viewed in Canvas, how to download the parent and student Canvas app, and where to find additional information. Participants (parents/guardians) will learn about observer account registration and how to link students to their account using a student pairing code. (Observer will need a pairing code from the course once the student is enrolled.) Participants will learn about Canvas Dashboard and Global Navigation links and the basic course navigation to view assignment details and grades.

Session Meet Code: <https://meet.google.com/fmq-bcqr-vxf>

4. Transitions in Education: Thriving in Middle School: {Presented by Nikole Bates}

In this workshop, we will explore some of the major changes that students may encounter in middle school and how parents or caregivers can support their children during this challenging time

Session Meet Code: <https://meet.google.com/ixu-hiqx-igg>

5. Socio-Emotional Learning: {Presented by Stacy Shavinsky}

Watch and learn how to apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, and take responsibility for oneself to maintain healthy relationships and practice self-care.

Session Meet Code: <https://meet.google.com/swp-rcyo-zcc>

6. Language Development at Home and at School: {ELL Presentation by Heidi Principe}

This session provides families with information and resources available to support language development in the home. Information shared includes ideas for supporting social and academic language as well as interactive games families can replicate at home to promote language development in everyday interactions. This session also provides families an understanding of how students are identified as English language learners based on language development levels.

Session Meet Code: <https://meet.google.com/giu-tnhf-tef>